

ZOOM INSTRUCTIONS

Thank you for temporarily training remotely with us! We will be using a website/app called Zoom for our virtual sessions. In order to do this, you will need to create an account. See below for instructions. Please don't hesitate to reach out to one of our team members listed below if you need further assistance setting this up!

How to log into Zoom for Classes:

1. Start off by going to the website Zoom.com in any internet browser of your choosing.
2. Click on the "Sign in" button in the top right-hand corner of the screen. This will take you to the page where you will create an account.
3. Click on the "Sign-up Free" button in the bottom of the page, and fill in your information to make an account.

On the day of your virtual session, you will receive an email from us with a link that takes you to your virtual class. Click on the link and that will take you to your class!

The class works the best if you use the "Zoom" app, which can be used with any computer or phone you might own. On a computer you would download the app on your computer via the Zoom.com website. If you would like the app on your phone, you can search the Zoom app in your app store.

Team Members to contact if you need further support:

- Justin Wever 314-497-2330
- Emilee Morton 314-681-4923
- Robyn Hartley 314-709-6490